



January

Lunch



MOJAVE RIVER CAMPUS Lunch High School

9th-12th GRADES

Monday	Tuesday	Wednesday	Thursday	Friday
January 2, 2017	January 3, 2017	January 4, 2017	January 5, 2017	January 6, 2017
HOLIDAY BREAK	HOLIDAY BREAK	HOLIDAY BREAK	HOLIDAY BREAK	HOLIDAY BREAK
January 9, 2017	January 10, 2017	January 11, 2017	January 12, 2017	January 13, 2017
POPCORN CHICKEN BBQ Sauce TURKEY HAM & CHEESE PANINI Mustard Maple Baked Beans French Fries Ketchup Mixed Fruit Cup Orange Juice Multigrain Sun Chips Choice of Milk	TOASTY TUESDAY** TOASTED CHEESE SANDWICH ON WHOLE WHEAT BREAD Tomato Soup POPCORN CHICKEN SALAD CROUTONS Shredded Cheddar Cheese Diced Pears Apple Juice Salad Bar Selections Fresh Spinach Leaves Fresh Grape Tomatoes Cauliflower Florets Cucumber Coins Light French Dressing Choice of Milk	TURKEY HAM & CHEESE ON A WHOLE WHEAT BUN Mayonnaise Mustard CHILI Corn Muffin Fresh Fruit Strawberry Applesauce Salad Bar Selections Mixed Greens Salad Black Beans Buttered Corn Jalapenos Light Ranch Dressing Choice of Milk	HOT DOG WITH POTATO ROUNDS Hot Dog Bun Mustard Ketchup TACO SALAD CROUTONS Shredded Cheddar Cheese Fresh Fruit Vanilla Cookie Salad Bar Selections Mixed Greens Salad Red Peppers Green Beans Garbanzo Beans Light French Dressing Choice of Milk	BBQ CHICKEN Hamburger Bun TURKEY AND CHEESE ON WHOLE WHEAT BREAD Mustard Fresh Fruit Blended Fruit Juice Salad Bar Selections Mixed Greens Salad Broccoli Florets Pickle Chips Green Pepper Slices Light Ranch Dressing Choice of Milk
January 16, 2017	January 17, 2017	January 18, 2017	January 19, 2017	January 20, 2017
MARTIN LUTHER KING JR.	PIZZA DIPPERS Marinara Dipping Sauce TACO SALAD CROUTONS Shredded Cheddar Cheese Mixed Fruit Cup 4.36 OZ Grape Juice WG Pretzel Salad Bar Selections Mixed Greens Salad Green Beans Crunchy Celery Sticks Red Peppers Light Italian Dressing Choice of Milk	SPECIAL MEAL CHICKEN DRUMSTICK W/POTATO ROUNDS BBQ Sauce Ketchup TURKEY AND CHEESE ON WHOLE WHEAT BREAD Mustard Diced Pears Orange Juice Corn Muffin Salad Bar Selections Mixed Greens Salad Broccoli Florets Carrot Sticks Jicama Sticks Light Ranch Dressing Choice of Milk	*BREAKFAST FOR LUNCH* PANCAKES & SAUSAGE Potato Rounds Syrup Ketchup POPCORN CHICKEN SALAD CROUTONS Shredded Cheddar Cheese Fresh Fruit Salad Bar Selections Mixed Greens Salad Diced Tomatoes Black Beans Jalapenos Light Ranch Dressing Choice of Milk	TURKEY BURGER WITH POTATO WEDGES Hamburger Bun Ketchup Mustard TURKEY HAM & CHEESE PANINI Mayonnaise Fresh Fruit Blended Fruit Juice Salad Bar Selections Fresh Spinach Leaves Garden Green Peas Cucumber Coins Fresh Zucchini Coins Light French Dressing Choice of Milk
January 23, 2017	January 24, 2017	January 25, 2017	January 26, 2017	January 27, 2017
WG CHICKEN NUGGETS WITH POTATO ROUNDS BBQ Sauce Ketchup TURKEY HAM & CHEESE ON A WHOLE WHEAT BUN Mustard Diced Pears Orange Juice Snickerdoodle Cookie Salad Bar Selections Mixed Greens Salad Red Peppers Green Beans Pickle Chips Light Ranch Dressing Choice of Milk	WAGON WHEEL PASTA W/MEATSAUCE Breadstick POPCORN CHICKEN SALAD CROUTONS Shredded Cheddar Cheese Applesauce Cup Blended Fruit Juice Salad Bar Selections Mixed Greens Salad Broccoli Florets Garbanzo Beans Green Pepper Slices Light French Dressing Choice of Milk	TURKEY HAM & CHEESE PANINI CHARBROILED HAMBURGER Hamburger Bun Mustard Ketchup Fresh Fruit Pineapple Tidbits Salad Bar Selections Fresh Spinach Leaves Fresh Grape Tomatoes Cauliflower Florets Cucumber Coins Light Italian Dressing Choice of Milk	BBQ CHICKEN WRAP TACO SALAD CROUTONS Shredded Cheddar Cheese Fresh Fruit Multigrain Sun Chips Salad Bar Selections Mixed Greens Salad Carrot Sticks Jicama Sticks Crunchy Celery Sticks Light Ranch Dressing Choice of Milk	CHILI Corn Muffin TURKEY AND CHEESE ON WHOLE WHEAT BREAD Mustard Fresh Fruit Grape Juice Salad Bar Selections Mixed Greens Salad Black Beans Buttered Corn Jalapenos Light French Dressing Choice of Milk
January 30, 2017	January 31, 2017	February 1, 2017	February 2, 2017	February 3, 2017
PIZZA DIPPERS Marinara Dipping Sauce TURKEY HAM & CHEESE PANINI Mustard Mayonnaise Mixed Fruit Cup Orange Juice Salad Bar Selections Mixed Greens Salad Diced Tomatoes Black Beans Jalapenos	CHICKEN TENDERS WITH POTATO WEDGES BBQ Sauce Ketchup TACO SALAD CROUTONS Shredded Cheddar Cheese Pineapple Tidbits Blended Fruit Juice Vanilla Cookie Salad Bar Selections Mixed Greens Salad Red Peppers			

<p>Fat Free Ranch Dressing Choice of Milk</p>	<p>Garbanzo Beans Cucumber Coins Fat Free Ranch Dressing Choice of Milk</p>			
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**** ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF 1% AND FAT FREE MILK.

*** MENU SUBJECT TO CHANGE.

*** This institution is an equal opportunity provider.

Help us make your food better!
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